

Dear Parents,

As part of ISV's Charter we are required to write to you with a list of over the counter medicines that we use in School to treat minor ailments. I have listed below the products we commonly use in the Health Centre. Please take a minute to look at the list. Then please could you complete and return the attached form indicating if you are happy for your child/ren to receive these products and listing any you would rather he/she was not given. All over the counter medicines, supplied in the Health Centre, have detailed protocols for their administration.

Paracetamol / liquid paracetamol – for pain
Ibuprofen – for pain
Liquid children's nurofen – for pain
Soothagel – mouth ulcers
Strepsils – sore throat
Simple linctus – cough
Arnica Cream – bruising
Vicks Vapour rub – nasal congestion
Aqueous Cream – moisturising cream
Mentholatum deep heat spray – pulled muscles
Olbas oil – blocked nose
Savlon Cream – antiseptic cream
Calamine lotion – itchy skin, rashes, sunburn
Anthisan cream – stings and bites
Waspeeze spray – stings
Vaseline – dry skin, chapped lips
Sun cream – sun protection
Aftersun – to soothe sunburnt skin

Yours sincerely

The Health Centre

List of Over the Counter Medicines Held in the Health Centre

Please complete one form per child and return to:

The Health Centre: health@isvietnam.org

Student's name:

Grade:

I have read the list of over the counter medicines provided by The International School of Vietnam:

Please indicate as appropriate:

- My child may have all of those listed:

- My child may have all of those listed except (please state):

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Signed:

(Parent/Guardian)

Date: